

ROXBY DOWNS AREA SCHOOL CANTEEN

WINTER 2019

Effective for Term 2 & 3 2019

Daily Specials

MONDAY

- Soup (*Home-made Pumpkin*) & Garlic bread + 750ml Pump Water \$10.00

TUESDAY

- Chicken Pasta + Fruit Box \$7.00

WEDNESDAY

- Hot Dog (*with or without sauce*) + Farmers Union Milk Drink \$7.00c

THURSDAY

- Veggie Bake (*Home-made*) (NEW) + Mt Franklin Water \$8.00

FRIDAY

- Yumbo (*Ham + Cheese*) + Keri-Juice \$8.00



● Green Food (Eat Anytime food) ● Amber Food (Eat Occasionally food) ● Red Food (Eat Rarely food)

Snacks

- Fresh Fruit Tub \$2.00
- Popcorn \$0.30 or \$0.60c
- Homemade muffins and ANZAC biscuits 50c
- J.J.'s (*Salt'n'Vinegar, Chicken*) \$1.50
- Red Rock Deli Chips (*Honey Soy only*) (28gm) \$1.50
- Smith Chips (*Plain, Salt & Vinegar*) (28gm) \$1.50
- Mammee Noodles \$1.00
- Corntos \$1.00



● **Ice blocks:** – Sourpops ½ 50c – full \$1.00, Fruit Sticks (Quelch) 99% fruit juice 50c., Golden North 97% Fat Free ice cream (125ml) \$2.00, Golden North Swing – *Choc/Strawberry* \$2.00, TNT \$1.00

Please Note: NO iceblocks sold after 11.15am (recess) or 1.15pm (lunch) only over the counter sales.

HOW TO ORDER ... *Lunches are available through classroom baskets & QKR! App online

Lunch bags are available at the Canteen. **Online instructions** – Website: www.rdas.sa.edu.au/parentinfo.htm

Show details on bag, put money in bag and fold, **(please do not tape or staple bag, no envelopes)**

Place in classroom basket or deliver to Front Office by 9am. # NO CREDIT AVAILABLE.

Please call us if you have any problems or find that your child has left lunch or order home Ph 86711475

The Canteen appreciates volunteers to help prepare lunches. Please call 86711475 if you can help.



FREE FRESH FRUIT AVAILABLE at the CANTEEN – SUPPLIED BY ROXBY WOOLWORTHS

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SANDWICHES / BREADROLLS

SANDWICHES - white OR wholemeal

S/WICH	ROLLS	WRAPS
● Fresh Chicken \$3.50	\$4.00	\$4.00
● Egg - Plain or Curry \$3.50	\$4.00	
● Tuna in spring water \$3.50	\$4.00	
● Ham \$3.30	\$4.00	\$4.00
● Cheese \$2.70	\$3.00	\$4.00
● Vegemite \$2.70	\$3.00	



ADD salad ● Cheese, Tomato, Lettuce, Carrot, Cucumber, Avocado all \$0.50c each
Toasted \$0.50c

SALAD PLATES AND PACKS

- FRESH FRUIT TUB \$2.00
- SALAD PACKS -Lettuce, Tomato, Cucumber, Carrot, Pickled onions, Gherkins and Cheese. \$5.00
- MEAT AND SALAD PACK -As above with sliced ham or Fresh roast Chicken or Tuna \$7.00
- DIP with crackers (French Onion) & SNACK TUB (cheese, veg sticks) \$7.00
- SERVE STEAM VEGGIES (fresh)..... \$3.00



HOT FOOD AVAILABLE DAILY

- Chicken Burger (lettuce, cheese, tomato, mayo).....\$6.00
Please state if salad not required
- Beef Burger (h/made pattie, lettuce, cheese, tomato, sauce) Please state if salad not required\$6.00
- Soup (Homemade Pumpkin)+ Garlic Bread (NEW).....\$6.00
- Serve Steam Vegetables.....\$3.00
- Yumbo Ham & Cheese (Toasted).....\$5.00
- Sweet chilli tender roll (lettuce, cheese, tomato, mayo) \$5.50
- Sausage roll\$3.20
- Pie/pasty\$3.70
- Vegetarian Pasty\$3.70
- Pizza single (cheese/bacon, Hawaiian).....\$4.00
- Lasagne OR Mac & cheese\$5.00
- Spaghetti Bolognese (home-made) (NEW).....\$6.00
- Hot Dogs (add 30c for sauce).....\$4.30
- Cup Popcorn Chicken\$5.00
- Stay Crisp Nuggets, Dino snacks\$0.70
- Spring Rolls.....\$0.70
- Yummy Drummy's\$1.40
- Sweet Chilli Tenders\$1.80
- Pin Wheels\$0.70
- Pizza Muffins\$2.00
- Subs\$2.00
- Party Pie\$1.20
- 2 Minute noodles - Chicken or Beef.....\$1.50
- Wedges with Sweet chilli/Sour Cr or Tom Sauce.....\$4.00
- Garlic bread subs\$1.00

BBQ or Tomato SAUCE \$0.30c

• DRINKS

● Mount Franklin Water600ml	\$2.50
● Pump Water (Berry, Lime, Mango).....750ml	\$4.00
● Farmers Union Milk (choc, strawberry)375ml	\$3.00
● Big M (choc, strawberry).....250ml	\$2.50
● Up 'n' Go (choc, strawberry).....250ml	\$2.50
● Keri Juice (Fruit and Vegetable Juices).....300ml	\$3.20
● Slushies 99% Juice (counter sales only)\$1.00	\$2.00
● Sparkling Water (flavoured) no sugar (NEW)200ml (Mango, Lime, Berry)	\$2.00
● Fruit Boxes (frozen available).....250ml	\$2.00

FROZEN DRINKS ARE NOT ALWAYS AVAILABLE

Yr 7-12 only HOT CHOCOLATE \$4.00



QKR! APP - Order student lunches before 9.15am and pay online.

Download instructions available on RDAS Website: www.rdas.sa.edu.au/parentinfo.htm